

This acknowledges that

Tara Campbell

Is awarded 1.00 DONA International Continuing Education Contact Hour(s) for attending the session

## Embodied Regulation: Incorporating Mindfulness and Nervous System Care Tools in Your Practice

Facilitated by: Adriana Lozada Offered by: 2025 Trainer Day DONA Approval Code: TD25-D Credit Type: Adult Education Issue Date: March 11, 2025

**DONA International Education Committee**